



Peake Spa  
AT STOKE BY NAYLAND



# Rest Reassured

Measures in place to give you peace of mind and protection

## Your visit



Please book your treatment times online at [www.stokebynayland.com/spa](http://www.stokebynayland.com/spa)



Arrive in separate cars unless you are from the same household and space cars apart



A queueing system is in place outside the spa with signage for guests to wait until called



A temperature check is required on arrival for all visitors and our team



Spa duty manager in place to assist with flow of treatments



Spa therapists will remain with guests enjoying multiple treatments within an allocated treatment room

60°C

All of our towels, robes and cloths are washed at a temperature of over 60 °C to kill off viruses

## Facilities



Contactless payment method up to £45. Payment on booking is preferred



Changing rooms are open with a spa attendant in place to support hygiene standards



Sanitising stations are provided throughout the spa and resort



Peake Bistro in the spa is available for drinks only. The Sports Bar in the hotel is available to spa guests for pre and post-treatment refreshments and food with al fresco dining available



Treatment rooms will be sanitised between guest treatments



Observe social distancing whilst moving throughout the spa



Spa therapists will wear appropriate personal protective equipment



Spa loungers are separated by a perspex screen and are cleaned after each use



Our swimming pool and Jacuzzi will be available subject to bather numbers. This is controlled by our Lifeguards



Thermal treatment rooms will open following Government guidelines and are subject to review

More importantly, please enjoy your much-needed treatment in our picturesque setting in the Dedham Vale Area of Outstanding Natural Beauty!



For spa information and guidelines, please visit: [www.stokebynayland.com/spa](http://www.stokebynayland.com/spa)

Please let a member of our team know immediately if you develop any symptoms of illness

## DURING YOUR VISIT PLEASE REMEMBER TO:



WASH OR SANITISE YOUR HANDS REGULARLY - PLEASE KEEP YOUR DISTANCE

FOLLOW OUR SAFETY MEASURES AND GUIDELINES

HELP US TO KEEP YOU, YOUR FELLOW GUESTS AND OUR TEAM SAFE